



"I've earned my GED, something that I've been wanting for 11 years . . . I couldn't have gotten that diploma without the help of your wonderful education staff and two awesome teachers who didn't give up on me!"
 ~Lynn Grovey, Lockhart Correctional Facility

MTC Industry-Recognized Vocational Certifications

- National Center for Construction, Education and Research (NCCER)
Core Curriculum, Construction, Carpentry, Painting, Electrical
- United States Manufacturing Skills Standard Council
Certified Logistics Technician
- National Restaurant Association
ServSafe certifications
- Commercial Driver's License
- Cosmetology
- AutoCAD

MTC Focuses on Rehabilitation through Intensive Services, Treatment, and Education

MTC strives to engage each individual under supervision in a pro-social learning environment with an array of programming opportunities that improve their values, habits and skills focused on successful reentry. MTC provides programming in the following areas:

- Cognitive-behavioral interventions
- Emotional regulation
- Academic and vocational development
- Substance abuse treatment
- Relationship and life skills
- Gender-responsive, trauma-informed programs
- Faith-based and health-promoting engagement

We train our staff using evidence-based practices to ensure they can successfully deliver and implement programming. Staff are trained on topics such as:

- Motivational Interviewing & trauma-informed care
- Mental health and mindfulness
- Core Correctional Practices
- Case and Behavior management
- Explicit Instruction with lesson planning
- Program assessment and fidelity monitoring

Cognitive-Behavioral Treatment

MTC provides individuals with cognitive-behavioral interventions, demonstrated to be the most influential in reducing problem behavior. We recognize that thoughts and behaviors are learned and offer opportunities for prosocial change.

- NIC Thinking for Change
- Free Your Mind
- 10-Minute Cognitive Skills
- Moral Recognition Therapy
- Social Skills
- Reentry Preparedness
- Responsible Living

Emotion Regulation Training

The ability to understand emotions and use coping skills is foundational to success. MTC offers programming to assist individuals in managing their emotional responses to difficult and traumatic events.

- Aggression Replacement Training
- SAMHSA Anger Management
- Beyond Trauma
- Free Your Mind- Emotions
- Cage Your Rage
- Houses of Healing

Academic & Vocational Development

MTC values increased opportunities for success through academic and vocational programming that is industry-recognized. We deliver these according to best practices to fully engage our students.

- High school equivalency/diploma
- College courses
- Industry certified trades in construction, culinary arts, cosmetology, horticulture, logistics and more
- Prison Entrepreneurship Program

Substance Abuse Treatment

At MTC-operated facilities, substance abuse programs form an integral part of rehabilitation efforts. Individuals participate in support groups, as well as in treatment programs like:

- Living in Balance
- SAMHSA Curriculum
- Relapse Prevention
- SMART Recovery
- Free Your Mind for Substance Abuse
- Celebrate Recovery
- Pathway to Change
- Cognitive-Behavioral Interventions for SA

Relationship & Life Skills

MTC provides programming to improve relationship and life skills to support healthy interactions and ways to navigate in society.

- InsideOut Dad
- How to Be a Responsible Dad/Mother
- Marriage on the Rocks
- Day with Dad Events
- Acceleron Learning Suite
- Financial Management
- Character Development
- 7 Habits of Highly Effective People
- ACCI Life Skills

Gender-Responsive Programs

MTC meets the unique needs of women with gender-responsive (GR) training and programming informed by research.

- Moving On
- Seeking Safety
- GR staff training, practices and program/facility assessments, including:
 - Facility-level comprehensive reviews
 - Trauma-informed care
 - Increased security in female housing
 - Female grievance officers